



## 2. General Information

### a. *Basic Information Table*

Required Information	Entered Information
Date Form Submitted	11/30/2016
Grantee Name	St. Mark Youth Enrichment
Program Director	Amanda Avenarius
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Additional Information from Grantee (optional)	Click here to enter text.

### b. *Center Information Table*

Cohort	Centers
Cohort 6	Enter Names of Centers, separated by commas
Cohort 7	Enter Names of Centers, separated by commas
Cohort 8	Enter Names of Centers, separated by commas
Cohort 9	Audubon Elementary, Lincoln Elementary, Marshall Elementary
Cohort 10	St. Mark Center, Dyersville Elementary
Additional Information from Grantee (optional)	Click here to enter text.

## 3. Introduction/Executive Summary

### School Year (Cohort 9):

St. Mark's before and after school programs, funded by 21<sup>st</sup> CCLC, are provided at Audubon, Lincoln, and Marshall Elementary schools. These three schools, located in downtown area of Dubuque, have higher concentrations of students in poverty, racial minorities, and all qualify as a School In Need of Assistance. For the school year 2015-2016 the free/reduced-priced lunch rate for the program participants was at these schools was 83%. St. Mark addresses the needs of these schools by offering innovative programming that supports student's academic and social-emotional growth.

The before school program, Early Risers, is offered Monday-Friday from 7:00 a.m. until approximately 8:30 (varies by school), with extended program on Fridays for the district-wide late starts for school-day staff professional development opportunities. The after school program, Step Up, is offered Monday-Friday from approximately 3:30 (varies by school) until 5:30. Both the before and after school programs are provided on-site at Audubon, Lincoln, and Marshall Elementary schools. Enrollment opens first for

students that have participated in St. Mark's program in the summer or in the previous year. Registration is then open to all students attending the school (K-5), most of whom are referred to our programs by the school day administration.

Below is a sample schedule of the before and after school programs.

Early Risers Before School		Step Up After School	
7:05	Program Begins	3:00	Program Begins
7:10	Site Family Time; Review Routine	3:05	Snack
7:15	Rotate through Reading, Homework, STEAM, Physical Literacy Activities and/or Enrichment activities provided by community partners.	3:30	Site Family Time; Review Routine
		3:45	Physical Literacy/Large Motor
		4:15	Homework
7:45	Breakfast	4:45	Rotate through Reading, STEAM, Physical Literacy Activities, and/or Enrichment activities provided by community partners.
8:05	Students Dismissed for Start of School	5:30	End of Program

Both before and after school rotate through centers that are guided by the lesson plans that are developed weekly by the site leads. These centers are focused on literacy, STEAM, social emotional/character skill building and much more. Specific activities may range from self-authoring books, programming and coding robots, learning breathing techniques, yoga, art, reading to residents at local nursing homes, and much more. Community partners also engage students in enrichment activities at least once a week bringing in experiences to expand student's learning and sometimes offering field trip experiences for students to learn outside of school and bring context to their learning.

The programs are organized and lead by the St. Mark administrative team including the Associate Director, Program Coordinators, and Education Coordinator. Program staff includes a site lead at each school that develops lesson plans guided by the Education Coordinator, and also paraeducators that assist the site lead in implementing the lessons. The site lead directs the paras to carry out lessons and activities to maintain 1:10 ratios. Most program staff are college students or graduates in fields of education, social work, psychology, and other youth development fields. Program staff is trained through orientation and receive other opportunities of professional development throughout the school year. Volunteers from local colleges and the community support our programs and provide additional support.

123 students were served in the before school program, and 112 students were served in the after school program.

82.4% of St. Mark staff reported improvement in student's reading skills. One parent stated, "Staff makes her feel valued and she keeps active. Help with homework is always appreciated."

Community partners are crucial to the success of providing enriching learning environments. Partners included Boy & Girl Scouts, Prudential, Mediacom, Dubuque Museum of Art, Nat'l Mississippi River Museum, Swiss Valley Nature Center, Molly Schreiber of Challenge to Change, Hillcrest, ISU Extension, Green Iowa, Bethany Home, Sunnycrest, & many more!

Students had opportunities for enrichment beyond academics that focused on social and emotional growth. Experiences that provide a sense of well-being are invaluable; 75% of staff saw growth in students' social-emotional skills such as respect towards others and expressing their emotions. Developing social-emotional skills empowers students to focus on their academic skills leading to lifelong success.

### Summer (Cohort 10):

St. Mark Youth Enrichment Heroes Summer Academy serves both the Dubuque and Dyersville communities. The Dubuque site is located at St. Mark's own center, but also partners with other community organizations for additional space. For example, classroom space was provided by the neighboring Masonic Temple, and lunches were provided to all grade levels by the Boys and Girls Club, located on the same block as St. Mark's center.

The St. Mark Heroes Summer Academy was offered for 7 weeks, Monday through Friday. In total the program was held for 34 days; there was no program held on July 3rd. Each day students attended program for 4 hours, in total students were engaged in up to 136 hours of literacy instruction and STEAM enrichment in the summer.

The Dubuque program offered a Kindergarten morning class from 8:00 a.m.-12:00 p.m. The end of program includes lunch, where the Kindergarten students would dismiss from the Boys and Girls Club. The afternoon program would then begin at 12:00 p.m. with lunch for the 1st-6th grade students, and dismiss at 4:00 p.m. St. Mark also offered an aftercare option from 4:00 p.m.-5:30 p.m. The Dyersville program served K-5 in the morning from 8:00 a.m.-12:00 p.m.

Below is a sample schedule of the before and after school programs.

A.M. Heroes Summer Academy		P.M. Heroes Summer Academy	
8:00	Program Begins: <ul style="list-style-type: none"> <li>• Community Meeting</li> <li>• Attendance</li> <li>• Schedule of the Day</li> <li>• Two by Two/Conscious Discipline</li> </ul>	12:00	Program Begins: <ul style="list-style-type: none"> <li>• Community Meeting</li> <li>• Attendance</li> <li>• Schedule of the Day</li> <li>• Two by Two/Conscious Discipline</li> </ul>
8:20	Literacy Rotations:	12:15	Lunch

	<ul style="list-style-type: none"> <li>• PWIM</li> <li>• Guest Readers</li> <li>• Fluency</li> <li>• Other literacy, reading, etc.</li> </ul>	12:45	Literacy Rotations: <ul style="list-style-type: none"> <li>• PWIM</li> <li>• Guest Readers</li> <li>• Fluency</li> <li>• Other literacy, reading, etc.</li> </ul>
9:15	Snack		
9:30	Physical Literacy <ul style="list-style-type: none"> <li>• Traveling skills</li> <li>• Object Control Skills</li> <li>• Balance Movement</li> </ul>	1:30	Physical Literacy <ul style="list-style-type: none"> <li>• Traveling skills</li> <li>• Object Control Skills</li> <li>• Balance Movement</li> </ul>
10:00	STEAM Rotation	2:00	Snack
11:00	Enrichment	2:15	Enrichment/STEAM
11:30	Lunch	4:00	Dismissal/End of Program
12:00	Dismissal/End of Program	5:30	Aftercare option

Each classroom was led by a certified teacher and supported with multiple para -educators, maintaining 1:10 ratios. The classroom teachers developed lesson plans each week following the structure developed by the Education Coordinator. The curriculum for each day was structured to include a reading block, STEAM (Science, Technology, Engineering, Arts, Math, and Music) block, physical literacy, and snack. Teachers and paras were trained to utilize PWIM (Picture Word Induction Model) which aims to increase students' skills in reading, vocabulary, phonics, and comprehension. Literacy blocks would include a rotation of time designated to implementing this model.

Summer 2015 was a success with 112 students attending the Dubuque site, and 55 at the Dyersville location. In Dubuque and Dyersville 95% of students maintained or increased their literacy skills over the 7 weeks. Most students lose about two months of grade level equivalency in mathematical computation skills over the summer months. Low-income students also lose more than two months in reading achievement, despite the fact that their middle-class peers make slight gains (Cooper, 1996).

Nearly every day students are engaged in various enrichment activities offered by community partners. In 2015 partners included Bell Tower Theatre, Boys & Girls Club, Catfish Charlie's Riverboat Rides, Carnegie Stout Public Library, Iowa State University Ext, Nat'l Mississippi River Museum, Selser Schaefer Architects, Swiss Valley Nature Center, & many more!

#### 4. Demographic Data

##### a. Attendance Summary Table including disaggregated data

Enter data in the appropriate fields as required in the table below.

St. Mark Youth Enrichment 21 <sup>st</sup> CCLC Program Attendance Summary Table													
Cohort	Attendees		Sex		Ethnicity						Special Services		
		Attendance	Male	Female	White	Hispanic/ Latino	American Indian/ Alaska Native	Black/ African American	Asian/ Pacific Islander	Unknown Race	LEP	FRPL	Special Needs
6	All	#	#	#	#	#	#	#	#	#	#	#	#
	Regular*	#	#	#	#	#	#	#	#	#	#	#	#
7	All	#	#	#	#	#	#	#	#	#	#	#	#
	Regular*	#	#	#	#	#	#	#	#	#	#	#	#
8	All	#	#	#	#	#	#	#	#	#	#	#	#
	Regular*	#	#	#	#	#	#	#	#	#	#	#	#
9	All	145	72	73	84	8	1	38	4	10	#	117	#
	Regular*	125	65	60	75	8	1	30	3	8	#	98	#
10	All	167	79	88	110	#	1	36	3	17	#	101	#
	Regular*	92	35	57	61	#	1	15	3	12	#	51	#

\*Regular Attendees have attended the program for 30 or more days.

##### b. Attendance Discussion

Attendees for both school year, before and after school programs and summer programs are disproportionately receiving free/reduced-priced lunch (FRPL) and identify as a racial minority.

##### School Year (Cohort 9):

A total of 145 students were enrolled in the before and after school programs at Audubon, Lincoln, and Marshall Elementary schools during the 2015-2016 school year. Overall the before school program, Early Risers, had 96 students enrolled, and the after school program, Step Up, had 112 students enrolled. Approximately 43% of families have their child enrolled in both the before and after school program, while others utilize only before or only after school programming.

86.2% of students attended 30 days or more. Those that attended less than 30 were mostly removed from program due to low attendance, parent choice (i.e schedule changes, moving, etc.), behavioral challenges, or were added late in the school year. St. Mark has a 50% attendance policy to accommodate parents and also encourage school attendance.

The rate of FRPL enrolled in before and after school programs was 80.7% during the 2015-2016 school year compared to the Dubuque Community School District's average rate of 36.9% eligible for FRPL.

Additionally 42% of students are non-white compared to the whole Dubuque community with only 8.3% of residents being racial minorities, according to the 2010 U.S. Census.

### Summer (Cohort 10):

At the Dubuque and Dyersville locations there were a total of 167 students enrolled. 112 attended at the Dubuque site held at the St. Mark Center, and 55 attended at the Dyersville Elementary location. 92 of all students attended 30 days or more. Program ran a total of 34 days, therefore, the number of “regular” attendees defined by the 30 days or more is much lower compared to the school year. However, on average students attended 84% of the time for both the Dubuque and Dyersville sites. Dyersville had a higher average number of days attended with 29.5 days compared to Dubuque with an average of 27.75 days attended.

The Dubuque site, located at St. Mark’s center, serves students from several feeder schools beyond the three Title 1 schools served during the school year, however, the rate of FRPL enrolled in before and after school programs is still disproportionately higher than Dubuque Community School District. The average rate of FRPL for the Dubuque site was 69.6% compared to the Dubuque Community School District’s average rate of 36.9% eligible for FRPL for the following school year. Additionally 34% of students were non-white compared to the whole Dubuque community with only 8.3% of residents being racial minorities, according to the 2010 U.S. Census.

Similarly, the Dyersville site serves a similar population that a higher rate of those receiving FRPL and non-white students than the Western Dubuque Community School District, and communities overall reflect. For example, the FRPL rate for the Dyersville site was 41.8% compared to the Western Dubuque Community School District rate of 31.1%. Additionally 9% of students are non-white compared to the whole Dyersville community with only 2% of residents being racial minorities, according to the 2010 U.S. Census.

#### c. Partnerships Summary Table

Enter data in the appropriate fields as required in the table below.

St. Mark Youth Enrichment 21 <sup>st</sup> CCLC Program Partners for 2015-2016		
Total Number of Partners = #		
Contribution Type*	# of Paid Partners	# of Unpaid Partners
Provide Evaluation Services	1	Enter #
Raise Funds		16
Provide Programming / Activity-Related Services	6	41
Provide Goods	3	6
Provide Volunteer Staffing		5
Provide Paid Staffing	4	2
Other		5

\*Note: A partner can provide more than one type of service.

#### d. Partnerships Discussion

St. Mark concentrates on building strategic partnerships with a core group of community leaders focused on how we can collectively improve student achievement. St. Mark is engaged in many community networks and initiatives including Inclusive Dubuque, My Brother's Keeper networks, Dubuque and Dyersville's Campaign for Grade Level Reading. St. Mark staff actively engages in school site council and PBIS teams, best practice and advocacy work groups, neighborhood associations, youth and family wellbeing, advisory committees, and leadership networks.

St. Mark programs are integrated in many local college's class syllabi. This ranges from students volunteering to help tutor all the way to class projects to develop and implement engaging literacy activities with students and their families. AmeriCorps members are trained in literacy strategies and dispersed throughout the district during the school year and then bring their knowledge and experience to students in our Dubuque Summer Heroes Academy. As a lead partner in the Grade Level Reading efforts, St. Mark focuses at least an additional five hrs/week in out-of-school time literacy enrichment and tutoring for more than 400 at-risk students, producing real results for reluctant and struggling readers. Sharing ideas, resources, and data not only benefits our students, families, and schools, it is essential for the economic development of the Dubuque community.

St. Mark has extensively partnered with Dubuque Community School District since 1988 to provide excellent programs. We hire staff from the district and train their future employees by placing college education and social work students in our programs to provide struggling students with the highest quality educational enrichment. We also work with partners such as Leisure Services to streamline services for our families, Bell Tower Theater to facilitate family field trips, and engage students in sustainability efforts through partnerships with community gardens, Scouts, Go Green Iowa, Swiss Valley Nature Center, and the National Mississippi River Museum and Aquarium.

#### School Year (Cohort 9):

Partner Name	Services Provided	Type	Paid?
Almost Home (Homeless Shelter)	Service Learning Enrichment	Non-Profit	
Bee Branch Flood Mitigation	Enrichment	Business	
Bethany Home	Service Learning Enrichment	Business	
Big Apple Bagels	Funding (donation bagels)	Business	
Boy Scouts	Enrichment (ongoing throughout school year)	Non-Profit	
Challenge to Change Yoga	Enrichment (yoga)	Business	Yes
City of Dubuque	Funding (school year staff)	Local Gov't.	
Clare Cares	Service Learning Enrichment	Non-Profit	
Crescent Community Health	Enrichment	Non-Profit	
Dick Landis	Enrichment (Chinese language and culture)	Individual	
Dr. Viner	Enrichment (gardening)	Individual	
Dubuque Art Museum	Enrichment (field trips to museum)	Non-Profit	
Dubuque Campaign for Grade Level Reading	Community Network	Network	
Dubuque Community School District	Space and staffing (gym and classroom space for Audubon, Lincoln, and Marshall Elementary)	Non-Profit	
Dubuque Humane Society	Enrichment (animal safety and education)	Non-Profit	
Dubuque Rescue Mission	Service Learning Enrichment	Non-Profit	



































































